

KARATE-DO MAC JAPAN

空手道 MAC バングラデシュ支部
(BANGLADESH BRANCH)
Gulshan-Dhaka

Karate Belt Test Ceremony

Date: 6th February 2016

Venue: Gulshan-1, Dhaka, Bangladesh

Karate-do MAC Japan Bangladesh Branch had a Belt Test Ceremony in their Head Branch. Approximately '9 Students' was tested and got promoted.

Determination was the most important factor in preparing for the student's belt test. Some of the student's training had started when they were very young and they have been focusing on this goal to get promotion to next step. During this journey, it was really important to attend all weekly classes in order to learn new techniques, as well as, practice techniques previously which they learned to get more accurate than what already they have.

The Belt test is long, and requires demonstrating respect, discipline, focus, technique accuracy, and endurance. It is not so easy to earn a belt if you don't follow the rules and instruction which are given from the Senseis.

In order to pass the belt test, student's basics, katas and sparring are tested very carefully that they deserve to get promotion or not. It was a great way to build up their confidence and courage to preparation for their Belt Test. After the test the parents felt proud of their child to get promoted to next step towards Karate and the students they are in great enthusiasm to learn MAC Karate.

Cheers for good work!

Thank you very much

Ossu...

Promoted Student's List:

Orange Belt:

1. Tahsinah Mahiyat
2. Arsheya Anwar
3. Rehan Hoque
4. Suzanna Hoque
5. Rayhan Hossain
6. Ajmaeen Basher
7. Farhan Ishraq
8. Arindam Roy
9. Zari Rafique

